

# 9<sup>th</sup> Middle East Orthopaedics Conference

29 – 31 January 2013

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28 – 31 January 2013

Dubai International Convention  
& Exhibition Centre, UAE

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## Benefits of attendance

- Recognise orthopaedic and trauma patients needs
- Discuss reconstruction of the lower extremities including regeneration and restoration
- Evaluate recent innovations in orthopaedics from eccentric training in ACL reconstruction, CPT coding and ICD-10 to the application of stem cells for the musculoskeletal system
- Discuss upper extremity, cervical and lumbar reconstruction
- Review orthopaedic basic science
- Review treatment options of cervical spine trauma, lumbar spine trauma and lower and upper extremity trauma

## Featured speakers

- **William D. Murrell, MD**, Consultant Orthopaedic Surgeon, **Dubai Bone and Joint Centre, Dubai, UAE**
- **John Bergfeld, MD**, Director of the Operating Room and Senior Surgeon, Department of Orthopaedic Surgery, **Cleveland Clinic, Cleveland, Ohio, USA**
- **Lars Engebretsen, MD, PhD**, Professor of Orthopaedic Surgery, University of Oslo, **Norway and Head Scientific Activities International Olympic Committee (IOC), Switzerland**
- **Elizaveta Kon, MD**, Assistant Professor and Directory of Nano-Biotechnology Laboratory, **Rizzoli Orthopaedic Institute, Bologna, Italy**
- **Willem van der Merwe, MD**, Orthopaedic Surgeon, **Sports Science Institute of South Africa, Cape Town, South Africa**
- **Rainer Siebold, MD**, Associate Professor, Department of Orthopaedic Surgery, **University of Heidelberg, Heidelberg, Germany**
- **Saw Khay Yong, MD**, MB Chb (Liverpool), MCh Orth (Liverpool), FRCS (Edinburgh), Founder and Senior Partner, **Kuala Lumpur Sports Medicine Centre (KLSMC), Kuala Lumpur, Malaysia**

## Accreditation statement

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 16.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

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# 9<sup>th</sup> Middle East Orthopaedics Conference

29 – 31 January 2013



Dear Healthcare Professional,

I am pleased to present you the programme for the **9<sup>th</sup> Middle East Orthopaedics Conference**, taking place from 29 – 31 January 2013 at the Dubai International Convention & Exhibition Center.

Sponsored by Cleveland Clinic, the **9<sup>th</sup> Middle East Orthopaedics Conference** is part of the Arab Health Congress, the world's largest multi-track medical congress. Furthermore, it is one of a handful of events in the region to offer Continuing Medical Education (CME) to attending medical professionals via its scientific exchange.

This year's conference theme will focus on reconstruction and trauma including all extremities and in addition will offer delegates an insight into the latest innovations within orthopaedics.

Delegates who attend this conference will receive a unique opportunity to share the most up-to-date strategies and innovative approaches in orthopaedics. This conference will enhance knowledge and improve the skills and performance of orthopaedic specialists, which will in turn improve healthcare for their patients.

The Conference Chairs, Dr. William Murrell, Dr. John Bergfeld and I are honored to offer you this important CME accredited scientific meeting and we look forward to welcoming you to this major educational event.

Regards,

**Verena Fazokas**

Conference Producer - Life Sciences  
Informa Exhibitions

**P.S.** Contact us directly on +971 4 336 7334 or email [ahcongress@informa.com](mailto:ahcongress@informa.com) to find out about our early bird offer and range of discounted registration options available for group bookings.

## Who should attend the 9<sup>th</sup> Middle East Orthopaedics Conference?

- Orthopaedic Surgeons
- Sports Medicine Physicians
- Orthopaedists
- Orthopaedic Technicians
- Spinal Surgeons
- Physiotherapists
- Paediatricians

## What our attendees said...

*"Very important gathering for all healthcare workers in many specialties, it was my first time to attend and I found it a great experience"*

Quality Management Specialist, National Guard Health Affairs

*"From a surgical point of view, Arab Health is the best place to be since you can get information from the best physicians from all across the world and all the news about the most up-to-date medical equipment."*

Dr. Hamdan, Kuwait

*"I found Arab Health to be excellent this year. It gives me a chance to be up-to-date with all the innovations in the field of medicine."*

Dr. Rasheda, Oman

09:50	<b>RECONSTRUCTION</b>		
	Opening remarks by Chairman: William D. Murrell, MD, Consultant Orthopaedic Surgeon, <b>Dubai Bone and Joint Centre</b> , Dubai, UAE	14:30	Eccentric training in ACL reconstruction Willem van der Merwe, MD, Orthopaedic Surgeon, <b>Sports Science Institute of South Africa</b> , Cape Town, South Africa
	Moderator: John Bergfeld, MD, Director of the Operating Room and Senior Surgeon, Department of Orthopaedic Surgery, <b>Cleveland Clinic</b> , Cleveland, Ohio, USA	14:45	Q & A
10:00	Keynote Presentation – The Scandinavian Knee Ligament Registries Lars Engebretsen, MD, PhD, Professor of Orthopaedic Surgery, <b>University of Oslo</b> , Norway and Head Scientific Activities <b>International Olympic Committee (IOC)</b> , Switzerland	<b>SESSION 4:</b>	<b>INNOVATIONS IN ORTHOPAEDICS</b>
		Moderators:	Harold Vanderschmidt, MD, Specialist Orthopaedic Surgeon, <b>American Hospital</b> , Dubai, UAE; Jonathan Schaffer, MD, MBA, Managing Director, eCleveland Clinic, Information Technology Division; Staff, Center for Joint Reconstruction, Orthopaedic and Rheumatologic Institute, <b>Cleveland Clinic</b> , Cleveland, Ohio, USA
	<b>SESSION 1:</b>		
	Moderators:	15:00	CPT coding and ICD -10 and orthopaedics: tricks of the trade Jonathan Schaffer, MD, MBA, Managing Director, eCleveland Clinic, Information Technology Division; Staff, Center for Joint Reconstruction, Orthopaedic and Rheumatologic Institute, <b>Cleveland Clinic</b> , Cleveland, Ohio, USA
	<b>LOWER EXTREMITY RECONSTRUCTION</b>	15:15	Intramedullary implants for the correction of hammertoes Caterina Obrador, MSc, podiatrist, Head of Podiatric Unit, <b>Dubai Bone and Joint Center</b> , Dubai, UAE
	Charles Brown, MD, Orthopaedic Surgeon, <b>Abu Dhabi Knee and Sports Medicine Centre</b> , Abu Dhabi, UAE Willem van der Merwe, MD, Orthopaedic Surgeon, <b>Sports Science Institute of South Africa</b> , CapeTown, South Africa	15:30	Q & A
10:30	What is anatomic ACL reconstruction and how do we achieve it? Charles Brown, MD, Orthopaedic Surgeon, <b>Abu Dhabi Knee and Sports Medicine Centre</b> , Abu Dhabi, UAE	15:45	Coffee break
10:45	Knee OA after ACL and meniscal injuries Lars Engebretsen, MD, PhD, Professor of Orthopaedic Surgery, <b>University of Oslo</b> , Norway and Head Scientific Activities <b>International Olympic Committee (IOC)</b> , Switzerland	<b>SESSION 5:</b>	<b>INNOVATIONS IN ORTHOPAEDICS-PRP</b>
11:00	Q & A	Moderators:	William D. Murrell, MD, Consultant Orthopaedic Surgeon, <b>Dubai Bone and Joint Centre</b> , Dubai, UAE; Elizavita Kon MD, Assistant Professor and Directory of Nano-Biotechnology Laboratory, <b>Rizzoli Orthopaedic Institute</b> , Bolongna, Italy
11:15	Coffee break	16:15	PRP in treatment of cartilage pathology Elizavita Kon MD, Assistant Professor and Directory of Nano-Biotechnology Laboratory, <b>Rizzoli Orthopaedic Institute</b> , Bolongna, Italy
	<b>SESSION 2:</b>	16:30	PRP treatment for tendon disorders Harold Vanderschmidt, MD, Specialist Orthopaedic Surgeon, <b>American Hospital</b> , Dubai, UAE
	Moderators:	<b>SESSION 6:</b>	<b>UPPER EXTREMITY RECONSTRUCTION</b>
	William D. Murrell, MD, Consultant Orthopaedic Surgeon, <b>Dubai Bone and Joint Centre</b> , Dubai, UAE; Lars Engelbretsen, MD, PhD, Professor of Orthopaedic Surgery, <b>University of Oslo</b> , Norway and Head Scientific Activities <b>International Olympic Committee (IOC)</b> , Switzerland	Moderators:	Lucia Heras-Garcia, MD, Senior Consultant, Hand and Orthopaedic Surgery, <b>Medcare Hospital</b> , Dubai, UAE Ian Bayley FRCS, <b>BMI Clementine Churchill Hospital (NHS Royal National Orthopaedic Hospital)</b> , Middlesex, UK
11:45	Articular cartilage regeneration with stem cells Saw Khay Yong, MD, MB Chb (Liverpool), MCh Orth (Liverpool), FRCS (Edinburgh), Founder and Senior Partner, <b>Kuala Lumpur Sports Medicine Centre (KLSMC)</b> , Kuala Lumpur, Malaysia	16:45	The role of reconstructive surgery in rotator cuff defects Ian Bayley FRCS, <b>BMI Clementine Churchill Hospital (NHS Royal National Orthopaedic Hospital)</b> , Middlesex, UK
12:00	Modern techniques of articular cartilage restoration Elizaveta Kon, MD, Assistant Professor and Director of Nano-Biotechnology Laboratory, <b>Rizzoli Orthopaedic Institute</b> , Bolongna, Italy	17:00	Ulnar sided wrist pain, possible reasons and management Lucia Heras-Garcia, MD, Senior Consultant, Hand and Orthopaedic Surgery, <b>Medcare Orthopaedic and Spinal Hospital</b> , Dubai, UAE
12:15	Knee articular cartilage repair Rainer Siebold, MD, Associate Professor, <b>University of Heidelberg</b> , Heidelberg, Germany, Chief Consultant for Knee Surgery, <b>ATOS Private Hospital</b> , Heidelberg, Germany	17:15	Giant cell tumor of distal end of radius: curettage or not: a clinical study Ashok Kumar, Orthopaedic Surgeon, <b>Dubai Bone and Joint</b> , Dubai, UAE
12:30	Q&A	17:30	Swanson-prothesis in bouchard arthrose: Is still indicated? Khalaf Moussa, Orthopaedic Consultant, <b>Dubai Bone and Joint</b> , Dubai, UAE
12:45	Lunch break	17:45	Q & A
	<b>SESSION 3:</b>	18:00	Closing of Day 1
	Moderator:		
	Rainer Siebold, MD, Associate Professor, <b>University of Heidelberg</b> , Heidelberg, Germany, Chief Consultant for Knee Surgery, <b>ATOS Private Hospital</b> , Heidelberg, Germany		
14:00	How to prevent reinjury in acl surgery Willem van der Merwe, MD, Orthopaedic Surgeon, <b>Sports Science Institute of South Africa</b> , Cape Town, South Africa		
14:15	Arthroscopic repair of acute PCL injuries with internal fixation using the LARS ligament		





**SESSION 7: BASIC SCIENCE**  
Moderator: **John Bergfeld, MD**, Director of the Operating Room and Senior Surgeon, Department of Orthopaedic Surgery, **Cleveland Clinic, Cleveland, Ohio, USA**

09:30 **INNOVATIONS**

**MSK screening in athletes**  
**Kirill Micallef-Stafrace, MD**, MSc SportsMed.(Lond.), FFSEM(UK), FFSEM(Ire.), FFIMS, MIM, Sports Medicine Consultant, Executive Member **European Federation of Sports Medicine, Abu Dhabi, UAE**

09:45 **Diagnostic ultrasound in orthopaedics**  
**Ayman M. Fahim, MD**, Board Certified (Ortho.), Head of Orthopaedic Unit, **Medical Services Administration of Abu Dhabi Police G.H.Q., Abu Dhabi, UAE**

10:00 **Q & A**

**SESSION 8: BASIC SCIENCE**  
Moderators: **Shah Alam Khan, MD**, Additional Professor, Dept. of Orthopaedics, Paediatric Ortho & Musculoskeletal Oncology, **AIIMS, New Delhi, India**  
**David Goodier, MB BS FRCS(Orth)**, **BMI London Independent Hospital (NHS Royal National Orthopaedic Hospital)**, London, UK

10:15 **Fat embolism**  
**John E. Tetzlaff, MD**, Professor of Anaesthesiology, Cleveland Clinic Lerner College of Medicine, Staff Anaesthesiologist, Department of General Anaesthesia, Anaesthesiology Institute, **Cleveland Clinic, Cleveland, Ohio, USA**

10:30 **Electronic medical records in orthopaedics**  
**Jonathan Schaffer, MD, MBA**, Managing Director, eCleveland Clinic, Information Technology Division; Staff, Center for Joint Reconstruction, Orthopaedic and Rheumatologic Institute, **Cleveland Clinic, Cleveland, Ohio, USA**

10:45 **Q & A**

11:15 **Coffee break**

**SESSION 9: BASIC SCIENCE**  
Moderators: **Marc F. Sinclair, MD**, Paediatric Orthopaedic Surgeon, **The Children's Medical Center, Dubai, UAE**  
**Shah Alam Khan, MD**, Additional Professor, Dept. of Orthopaedics, Paediatric Ortho & Musculoskeletal Oncology, **AIIMS, New Delhi, India**

11:30 **Stem cell therapies and cell fate determination in tissue regeneration**  
**Meis Moukayed, PhD**, Coordinator of Science, Associate Professor of Natural Sciences, **American University in Dubai, Dubai, UAE**

11:45 **Effects of neurofibromatosis type –one on the immature spine**  
**Alvin H. Crawford, MD, FACS**, Professor, **Crawford Spine Center**, Professor, Division of Pediatric Surgery, **Cincinnati Children's Hospital, Cincinnati, Ohio, USA**

12:00 **Q & A**

12:15 **Lunch break**

**SESSION 10: LUMBAR RECONSTRUCTION**  
Moderators: **Zbiggy J. Brodzinsky, MD**, Consultant Orthopaedic Spinal Surgeon, Adult Spine Elective&Trauma, **Dubai Bone and Joint Centre, Dubai, UAE**  
**Chan-Shik Shim, MD, PHD**, Medical Director and Consultant Neurosurgen, **Wooridul Spine Centre, Abu Dhabi, UAE**

13:45 **Challenges-revision strategies in pediatric spinal deformities**  
**Alvin H. Crawford, MD, FACS**, Professor, **Crawford Spine Center**, Professor, Division of Pediatric Surgery, **Cincinnati Children's Hospital, Cincinnati, Ohio, USA**

14:00 **MISS/Percutaneous expandable TLIF a new transforaminal approach for intervertebral spondylodesis/reconstruction**  
**Zbiggy J. Brodzinsky, MD**, Consultant Orthopaedic Spinal Surgeon, Adult Spine Elective&Trauma, **Dubai Bone and Joint Centre, Dubai, UAE**

14:15 **Assessment and treatment options in adult lumbar deformity**  
**Alex Gibson, BSc MB BS FRCS**, **BMI Clementine Churchill Hospital (NHS Royal National Orthopaedic Hospital)**, Middlesex, UK

14:30 **The etiology of cartilage injury**  
**Saw Khay Yong, MD, MB Chb (Liverpool)**, MCh Orth (Liverpool), FRCS (Edinburgh), Founder and Senior Partner of **Kuala Lumpur Sports Medicine Centre (KLSMC)**, Kuala Lumpur, Malaysia

14:45 **Stem cells for MSK**  
**Saw Khay Yong, MD, MB Chb (Liverpool)**, MCh Orth (Liverpool), FRCS (Edinburgh), Founder and Senior Partner of **Kuala Lumpur Sports Medicine Centre (KLSMC)**, Kuala Lumpur, Malaysia

15:00 **Q & A**

**SESSION 11: CERVICAL RECONSTRUCTION**  
**Alvin H. Crawford, MD, FACS**, Professor, **Crawford Spine Center**, Professor, Division of Pediatric Surgery, **Cincinnati Children's Hospital, Cincinnati, Ohio, USA**  
**Alex Gibson, BSc MB BS FRCS**, **BMI Clementine Churchill Hospital (NHS Royal National Orthopaedic Hospital)**, Middlesex, UK

15:15 **Indications and pitfalls of cervical artificial disc replacement**  
**Chan-Shik Shim, MD, PHD**, Medical Director and Consultant Neurosurgen, **Wooridul Spine Centre, Abu Dhabi, UAE**

15:30 **Surgical management of complex multisegmental non-traumatic cervical instability in children**  
**Senthil T. Nathan, MD**, Pediatric Orthopedic and Spine Surgery Fellow, Division of Orthopedics, **Cincinnati Children Hospital Medical Center, Cincinnati, Ohio, USA**

15:45 **Q & A**

16:00 **Closing of Day 2**

## SESSION 12:

### CERVICAL SPINE TRAUMA

Moderators:

Zbiggy J. Brodzinsky, MD, Consultant Orthopaedic Spinal Surgeon, Adult Spine Elective&Trauma, **Dubai Bone and Joint Centre, Dubai, UAE**  
Alex Gibson, BSc MB BS FRCS, **BMI Clementine Churchill Hospital (NHS Royal National Orthopaedic Hospital), Middlesex, UK**

09:30 Percutaneous transfacet compression for posterior stabilization of the cervical spine reconstructive surgery

Zbiggy J. Brodzinsky, MD, Consultant Orthopaedic Spinal Surgeon, Adult Spine Elective&Trauma, **Dubai Bone and Joint Centre, Dubai, UAE**

09:45 The role of anterior surgery in thoracolumbar fractures

Alex Gibson, BSc MB BS FRCS, **BMI Clementine Churchill Hospital (NHS Royal National Orthopaedic Hospital), Middlesex, UK**

10:00 Q & A

10:15 Coffee break

## SESSION 13:

### GENERAL SESSION

Moderator:

William D. Murrell, MD, Consultant Orthopaedic Surgeon, **Dubai Bone and Joint Centre, Dubai, UAE**

10:45 Percutaneous lumbar disc decompression: A practical approach

Salah Al Ali, MD, Pain Management Consultant, Anaesthesiology Consultant, **Dubai Bone and Joint Centre, Dubai, UAE**

11:00 Detection of the surgical shoulder lesion, a comparison diagnostic imaging, functional testing, and arthroscopic findings in one hundred consecutive cases

William D. Murrell, MD, Consultant Orthopaedic Surgeon, **Dubai Bone and Joint Centre, Dubai, UAE**

11:15 Percutaneous lumbar disc decompression: a practical approach

Anuj Punnoose, Bsc, MCSP (UK), Lead Physiotherapist, Trauma and Orthopaedics, **Cambridge University Hospitals NHS Foundation Trust, Cambridge, UK**

11:30 Q & A

## SESSION 14:

### LOWER EXTREMITY RECONSTRUCTION

Moderators:

Barry McKillop, MD, Orthopaedic Surgeon, **Medcare Orthopaedic and Spine Hospital, Dubai UAE**  
Wajahat Jamal Ashraf, MD, Orthopaedic Trauma Surgeon, **UMC, Lucknow, India**

11:45 Diagnosis and management of the painful total hip  
Chris Whately, MD, Orthopaedic Surgeon and Chief of Orthopaedics, **Medcare Orthopaedic and Spinal Hospital, Dubai, UAE**

12:00 Short-term results of the nanos-short-stem total hip arthroplasty in young patients  
Khalaf Moussa, Orthopaedic Surgeon, **Dubai Bone and Joint, Dubai, UAE**

12:15 The physics of foot posture  
Edward S. Glaser, DPM, Independent Researcher, **Lyles, Tennessee, USA**

12:30 Lunch break

## SESSION 15:

### LOWER EXTREMITY TRAUMA

Moderator:

Wajahat Jamal Ashraf, MD, Orthopaedic Trauma Surgeon, **UMC, Lucknow, India**

14:00 The use of the taylor spatial frame in post trauma deformity

David Goodier, MBBS FRCS(Orth), **BMI London Independent Hospital (NHS Royal National Orthopaedic Hospital), London, UK**

14:15 Total Knee Replacement as a Salvage Procedure for Intra and Peri-Articular Fractures of Arthritic Knees

Ayman Ebied, MS, MCh, PhD, FRCS (Tr& Orth.) Assistant Professor in Orthopaedics **Menoufia University, Shebin El Kom, Egypt**

14:30 Q & A

## SESSION 16:

### LOWER EXTREMITY TRAUMA

Moderators:

Khalid Al Hammadi, MD, Orthopaedic Surgeon, Head of Department, **Dubai Hospital, Dubai, UAE**  
Wajahat Jamal Ashraf, MD, Orthopaedic Trauma Surgeon, **UMC, Lucknow, India**

14:45 Paediatric hip arthroscopy - getting to the other side of the learning curve

Shah Alam Khan, MD, Additional Professor, Dept. of Orthopaedics, Paediatric Ortho & Musculoskeletal Oncology, **AIIMS, New Delhi, India**

15:00 Staged arthroplasty for infected non-union of hip fractures

Ayman Ebied, MS, MCh, PhD, FRCS (Tr& Orth.) Assistant Professor in Orthopaedics **Menoufia University, Shebin El Kom, Egypt**

15:15 Applications of botox in foot & ankle disorders

Maan Taba, MD, Consultant Orthopedic Foot & Ankle Surgeon, **Jumerah Medcare Hospital, Dubai, UAE**

15:30 Syndesmotic ankle injuries in athletes

John Bergfeld, MD, Director of the Operating Room and Senior Surgeon, Department of Orthopaedic Surgery, **Cleveland Clinic, Cleveland, Ohio, USA**

15:45 Q & A

16:00 Coffee break

## SESSION 17:

### UPPER EXTREMITY TRAUMA

Moderators:

Khalid Al Hammadi, MD, Orthopaedic Surgeon, Head of Department, **Dubai Hospital, Dubai, UAE**  
Abdul Haleem, MD, Orthopaedic Surgeon, **Rashid Hospital, Dubai, UAE**

16:30 Management of first time dislocation of the shoulder in the athlete

John Bergfeld, MD, Director of the Operating Room and Senior Surgeon, Department of Orthopaedic Surgery, **Cleveland Clinic, Cleveland, Ohio, USA**

16:45 Management of proximal humeral fractures in osteoporotic patients

Wajahat Jamal Ashraf, MD, Orthopaedic Trauma Surgeon, **UMC, Lucknow, India**

17:00 Forearm fractures in children

Marc F. Sinclair, MD, Paediatric Orthopaedic Surgeon, **The Children's Medical Center, Dubai, UAE**

17:15 Q & A

17:30 Closing of Day 3

## Local Chair

- William D. Murrell, MD, Consultant Orthopaedic Surgeon, **Dubai Bone and Joint Centre**, Dubai, UAE

## Activity Director

- John Bergfeld, MD, Director of the Operating Room and Senior Surgeon, Department of Orthopaedic Surgery, **Cleveland Clinic**, Cleveland, Ohio, USA

## Scientific Committee:

- Zbiggy J. Brodzinsky, MD, Consultant Orthopaedic Spinal Surgeon, Adult Spine Elective & Trauma, **Dubai Bone and Joint Centre**, Dubai, UAE
- Marc F. Sinclair, MD, Paediatric Orthopaedic Surgeon, **The Children's Medical Center**, Dubai, UAE
- Chris Whately, MD, Orthopaedic Surgeon and Chief of Orthopaedics, **Medcare Orthopaedics and Spinal Hospital**, Dubai, UAE

## Speaker Faculty

- Salah Al Ali, MD, Pain Management Consultant, Anaesthesiology Consultant, **Dubai Bone and Joint Centre**, Dubai, UAE
- Khalid Al Hammadi, MD, Orthopaedic Surgeon, Head of Department, **Dubai Hospital**, Dubai, UAE
- Wajahat Jamal Ashraf, MD, Orthopaedic Trauma Surgeon, **UMC**, Lucknow, India
- Ian Bayley FRCS, **BMI Clementine Churchill Hospital (NHS Royal National Orthopaedic Hospital)** Middlesex, UK
- Zbiggy J. Brodzinsky, MD, Consultant Orthopaedic Spinal Surgeon, Adult Spine Elective & Trauma, **Dubai Bone and Joint Centre**, Dubai, UAE
- Charles Brown, MD, Orthopaedic Surgeon, **Abu Dhabi Knee and Sports Medicine Centre**, Abu Dhabi, UAE
- Alvin H. Crawford, MD, FACS, Professor, **Crawford Spine Center**, Professor, Division of Pediatric Surgery, **Cincinnati Children's Hospital**, Cincinnati, Ohio, USA
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- Lars Engebretsen, MD, PhD, Professor of Orthopaedic Surgery, **University of Oslo**, Norway and Head Scientific Activities, **International Olympic Committee (IOC)**, Switzerland
- Ayman M. Fahim, MD, Board Certified (Ortho.), Head of Orthopaedic Unit, **Medical Services Administration of Abu Dhabi Police G.H.Q.**, Abu Dhabi, UAE
- Alex Gibson, BSc MB BS FRCS, **BMI Clementine Churchill Hospital (NHS Royal National Orthopaedic Hospital)**, Middlesex, UK
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- Meis Moukayed, PhD, Coordinator of Science, Associate Professor of Natural Sciences, **American University in Dubai**, Dubai, UAE
- Senthil T. Nathan, MD, Pediatric Orthopedic and Spine Surgery Fellow, Division of Orthopedics, **Cincinnati Children Hospital Medical Center**, Cincinnati, Ohio, USA
- Caterina Obrador, MSc, podiatrist, Head of Podiatric Unit, **Dubai Bone and Joint Centre**, Dubai, UAE
- Jacques Philippe Laboureau, MD, Consultant, Department of Orthopaedic- Sport Injuries, **Clinique de Chenove**, Chenove, France
- Anuj Punnoose, Bsc, MCSP (UK), Lead Physiotherapist, Trauma and Orthopaedics, **Cambridge University Hospitals NHS Foundation Trust**, Cambridge, U.K
- Jonathan Schaffer, MD, MBA, Managing Director, eCleveland Clinic, Information Technology Division; Staff, Center for Joint Reconstruction, Orthopaedic and Rheumatologic Institute, **Cleveland Clinic**, Cleveland, Ohio, USA
- Chan-Shik Shim, MD, PHD, Medical Director and Consultant Neurosurgeon, **Wooridul Spine Centre**, Abu Dhabi, UAE
- Rainer Siebold, MD, Associate Professor, **University of Heidelberg**, Heidelberg, Germany, Chief Consultant for Knee Surgery, **ATOS Private Hospital**, Heidelberg, Germany
- Marc F. Sinclair, MD, Paediatric Orthopaedic Surgeon, **The Children's Medical Center**, Dubai, UAE
- Maan Taba, MD, Consultant Orthopedic Foot & Ankle Surgeon, **Jumerah Medcare Orthopaedic and Spinal Hospital**, Dubai, UAE
- John E. Tetzlaff, MD, Professor of Anaesthesiology, **Cleveland Clinic Lerner College of Medicine**, Staff Anaesthesiologist, Department of General Anaesthesia, Anaesthesiology Institute, **Cleveland Clinic**, Cleveland, Ohio, USA
- Willem van der Merwe, MD, Orthopaedic Surgeon, **Sports Science Institute of South Africa**, Cape Town, South Africa
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- Saw Khay Yong, MD, MB Chb (Liverpool), MCh Orth (Liverpool), FRCS (Edinburgh), Founder and Senior Partner of **Kuala Lumpur Sports Medicine Centre (KLSMC)**, Kuala Lumpur

## Faculty disclosure statement

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

# Arab Health Congress

28 – 31 January 2013

Dubai International Convention & Exhibition Centre, UAE



The world's largest CME accredited multi-track medical congress.

The Arab Health Congress is a unique forum for regional and international healthcare professionals to gather and engage with experts in the various medical fields to meet the increasing educational needs of the medical professionals. Alongside the Arab Health Exhibition, the region's premier Healthcare exhibition, there will be 18 conferences running:

## The Arab Health 2013 Conferences Planner

Monday, 28 January 2013	Tuesday, 29 January 2013	Wednesday, 30 January 2013	Thursday, 31 January 2013
MedLab Congress	MedLab Congress	MedLab Congress	MedLab Congress
6 <sup>th</sup> Middle East Update in Urology Conference	6 <sup>th</sup> Middle East Update in Urology Conference	6 <sup>th</sup> Middle East Anaesthesia Conference	6 <sup>th</sup> Middle East Anaesthesia Conference
4 <sup>th</sup> Middle East Quality Management in Healthcare Conference	4 <sup>th</sup> Middle East Quality Management in Healthcare Conference	Complementary, Alternative and Integrative Medicine Conference (NEW)	Leaders in Healthcare
Middle East Diabetes Conference (NEW)	Middle East Diabetes Conference (NEW)	2 <sup>nd</sup> GCC Conference on Biomedical Engineering	2 <sup>nd</sup> GCC Conference on Biomedical Engineering
2 <sup>nd</sup> Middle East Wound Care Conference	2 <sup>nd</sup> Middle East Wound Care Conference	5 <sup>th</sup> Middle East Gastroenterology Conference	5 <sup>th</sup> Middle East Gastroenterology Conference
3 <sup>rd</sup> Multi-Disciplinary Cancer Therapy Conference	3 <sup>rd</sup> Multi-Disciplinary Cancer Therapy Conference	3 <sup>rd</sup> Respiratory, Critical Care and Sleep Diseases Conference	3 <sup>rd</sup> Respiratory, Critical Care and Sleep Diseases Conference
6 <sup>th</sup> Middle East Paediatrics Conference	6 <sup>th</sup> Middle East Paediatrics Conference	6 <sup>th</sup> Middle East Paediatrics Conference	
13 <sup>th</sup> Middle East Medical Imaging and Diagnostics Conference	13 <sup>th</sup> Middle East Medical Imaging and Diagnostics Conference	13 <sup>th</sup> Middle East Medical Imaging and Diagnostics Conference	
	13 <sup>th</sup> Middle East Surgery Conference	13 <sup>th</sup> Middle East Surgery Conference	13 <sup>th</sup> Middle East Surgery Conference
	2 <sup>nd</sup> Medical Education Conference	5 <sup>th</sup> Middle East Cardiovascular Disease and Intervention Conference	5 <sup>th</sup> Middle East Cardiovascular Disease and Intervention Conference
	9 <sup>th</sup> Middle East Orthopaedics Conference	9 <sup>th</sup> Middle East Orthopaedics Conference	9 <sup>th</sup> Middle East Orthopaedics Conference

The 9<sup>th</sup> Middle East Orthopaedics Conference is part of the Arab Health Exhibition and Congress organised by:

**informa**  
life sciences exhibitions

The Life Science division is part of Informa Exhibitions and runs the Healthcare Portfolio of products including exhibitions, magazines, conferences and event management. The division prides itself on offering a range of marketing solutions for companies involved with the healthcare sector, particularly in the Middle East, Africa and Asia region.

The Life Sciences Division consists of 20 exhibitions yearly covering the European, African, Middle Eastern and Asian markets. Over the course of the year, our events attract over 4,000 exhibitors, 90,000 visitors and 13,000 delegates.

In addition the Division also publishes 4 international healthcare magazines, the flagship one being Arab Health Magazine, and also offer dothealth, an on-line healthcare portal showcasing over 40,000 healthcare companies.

Informa's Life Science Division helps all those involved in the healthcare sector to reach their global audiences through a trusted partner. For further information about Life Sciences or any of our events please visit [www.lifesciences-exhibitions.com](http://www.lifesciences-exhibitions.com)





# 9<sup>th</sup> Middle East Orthopaedics Conference

29 – 31 January 2013



Dubai International Convention & Exhibition Centre, UAE

## FIVE WAYS TO REGISTER

- +971 4 336 7334 Informa Exhibitions  
P.O Box 28943, Dubai  
UAE
- +971 4 336 4021
- ahcongress@informa.com
- [www.ahcongress.com](http://www.ahcongress.com)

### Delegate Booking Form.

Please complete and fax back to +971 4 336 4021

9 <sup>th</sup> Middle East Orthopaedics Conference	Before 20 <sup>th</sup> December 2012		Before 23 <sup>rd</sup> January 2013		On-site Payments	
	AED	USD	AED	USD	AED	USD
<input type="checkbox"/> Orthopaedics – 1 Day	1,150	315	1,300	355	1,600	435
<input type="checkbox"/> Orthopaedics – 2 Days	1,600	435	1,800	655	2,400	655
<input type="checkbox"/> Orthopaedics – 3 Days	2,400	655	2,550	695	2,850	775

If you are attending for ONE or TWO of the three days, please tick (✓) the boxes to show which days you are attending

- Day 1, 29<sup>th</sup> January 2013
  - Day 2, 30<sup>th</sup> January 2013
  - Day 3, 31<sup>st</sup> January 2013
- Includes syllabus, lunch and refreshments breaks.*

### DELEGATE DETAILS

**Delegate 1**

Mr/Ms/Mrs/Dr/Other: ..... First Name: ..... Surname: .....

Degree (eg. MD, PhD, DO, RN): .....

Specialty: .....

Job Title: ..... Email: .....

Tel: ..... Fax: ..... Mobile: .....

**Delegate 2**

Mr/Ms/Mrs/Dr/Other: ..... First Name: ..... Surname: .....

Degree (eg. MD, PhD, DO, RN): .....

Specialty: .....

Job Title: ..... Email: .....

Tel: ..... Fax: ..... Mobile: .....

**Delegate 3**

Mr/Ms/Mrs/Dr/Other: ..... First Name: ..... Surname: .....

Degree (eg. MD, PhD, DO, RN): .....

Specialty: .....

Job Title: ..... Email: .....

Tel: ..... Fax: ..... Mobile: .....

### COMPANY DETAILS

Company/Hospital: .....

Address: ..... Email: .....

Postcode: ..... City: ..... Country: .....

Tel: ..... Fax: .....

No. of employees on your site:  
1000+  500-999  250-499  50-249  0-49

Nature of your company's business: .....

YES, I would like to receive information about future events & services via e-mail (Insert e-mail address)

To assist us with future correspondence, please supply the following details:

Name of Department Head: .....

Department: ..... Mobile: ..... Email: .....

Name of Training Manager: .....

Department: ..... Mobile: ..... Email: .....

Name of Booking Contact (if different from above): .....

Department: ..... Mobile: ..... Email: .....

Priority code: ORTHO13CB/WEB

### Payments

Please tick (✓) if you would like to pay by:

- Credit Card  Cash  Cheque
- Bank Transfer  Bank Draft

A confirmation letter and invoice will be sent upon receipt of your registration. Please note that full payment must be received prior to the event. **Only those delegates whose fees have been paid in full will be admitted to the event.** You can pay by company cheque in Dirhams or US\$. Please note that all US\$ cheques and bank drafts should be drawn on a New York bank and an extra amount of US\$ 6 per payment should be added to cover bank clearing charges. **All payments should be in favour of IIR Holdings Ltd Exhibitions.**

**Cheque Payment** made payable to IIR Holdings Ltd Exhibitions and send to Arab Health, PO Box 28943, Dubai, UAE  
**(Please Note: Informa Exhibitions will not cover any transfer charges. Please add US\$ 30 extra.)**

**Cash Payment** can be made at the Informa Exhibitions office – Level 20, Sheikh Rashid Tower, Dubai World Trade Center, Sheikh Zayed Road, Dubai, UAE. Tel: +971 4 3365161  
Office hours: Sunday - Thursday, 9:00 - 17:30

**Travel and Accommodation**  Yes, please contact me to book travel and accommodation

### Cancellation

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a **50% service charge will be payable**. Registrations **cancelled less than 14 days** before the event will not be refunded.

### Hotel & Accommodation Details

Please contact: **Sharif Abdurrahman**  
Tel: +971 4 407 2693  
Fax: +971 4 407 2517  
Email: sharif.abdurrahman@informa.com

*Due to unforeseen circumstances, the programme may change and Informa Exhibitions reserves the right to alter the venue and/or speakers.*

**Alternatively book online at [www.ahcongress.com](http://www.ahcongress.com) or call +971 4 336 7334 and quote your priority code that is printed above your name in the label box.**